



Gourmet Indian Foods

Thumbs Up Foods Inc. manufactures gourmet ethnic Indian style specialty foods.

Samosas are an Indian savory pastry; triangular in shape and filled with aromatic, spicy mixtures of vegetables or meat. Serenna's™ samosas are light and crisp on the outside with just the right amount of spice on the inside. Easy to prepare as an appetizer or snack, they also make a delicious side dish with other entrées. Our dough is prepared through a lamination process that does not require the addition of oil and results in a product with reduced fat content.

Serenna's™ Whole Wheat Rotis (Chapati) is a thin unleavened flatbread, made with atta (whole-wheat) flour, rolled out and baked on a tawa (special griddle). Serenna's Vegetable Pakora (Fritters) are a flavourful delight, made with potatoes, carrots, spinach, chickpea flour and an array of spices. They are all blended together to tentitalize your taste buds. This is a "GLUTEN FREE" product.

Thumbs Up Foods is a family owned, independent Canadian company based in Calgary, Alberta, Canada. The family's roots are from Tanzania, East Africa. The company started in 1996 and has now expanded the supply of its products to five-star hotels, catering companies, local stores, golf courses and delis across Western Canada directly, as well as through local distributors. Exports to the US have also become an integral part of the business.

Thumbs Up Foods Inc.

Currently exporting to: United States

Planning to export to: Europe

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